

Nasquq, Tuik*, Cisquk, Angengquyut**

Nasquq, tuik*, cisquk, angengquyut**. *Head, shoulders, knees and toes.*

cisquk, angengquyut**. *Knees and toes.*

cisquk, angengquyut**. *Knees and toes.*

Nasquq, tuik*, cisquk, angengquyut**. *Head, shoulders, knees and toes.*

Iingalak, cuutek, qaneq, cali qengeq. *Eyes, ears, mouth and nose.*

A chant, similar to “Head, Shoulders, Knees and Toes”
by Sophie Katelnikoff Shepherd and Susie Malutin, with the Alutiiq Language Club.

*Alternative Southern pronunciation of “shoulder” - “tusek; tuwik”

** Alternative Southern Alutiiq use of “toes” - “putukut”